

Anonymous Responses	Q1	Q2	Q3	Q4	Q5	Q6
1	Yes, I believe there is a long waiting list.	Not too sure	Not too sure	drafting in more qualified people to help the waiting list	No	Not too sure
2	Yes	Unnsure	Unsure	Less waiting time.	Unsure	Yes
3	Yes I think it has as so many staff have had to go into isolation or actually had Covid. We are a very small team comprising of 4 members and it impacted our staffing rota at one point.	From a non work perspective, I have a friend who was in Orchard House and it seems to me that the facilities there are very backward with not alot of allowance for personal space. I also think there is a big need for high functioning autistic children to have more support with the right school as my other client ended up in La Sente and did not go in the end as he could not handle the behaviours of others. This to me on a rich island is unacceptable.	I just think it needs to come up to speed	Consistent staff and enough of them. Also proper facilities for the patients not just a tv room where every one has to go and watch together.	No	For my particular client it has made my client anxious of masked people in the shops and he does not go in many shops now due to this.
4	No knowledge of this	No knowledge	No information	I'm not in position to comment	No	No opinion on this
5	Yes not as helpful anymore.	Youthful minds, mind jersey and I believe they are setting up a group for people 25+.	Listening lounge my experience wasn't great.	Less of a wait. Find ways around helping people without being on medication. More free services needed.	I think that some work places have been undergoing mental health awareness training so this has been a bonus. More funding is needed to get more staff on the courses.	Longer waiting lists.
6	It's caused a huge amount of anxiety .	More awareness.	No comment.	More paid staff or free services	None	More need

7	<p>Yes, I think that there are positive and negative aspects. Positive impacts are that it has highlighted the requirements needed to fulfil and improve our mental health service and I feel awareness has increased as a result of the impact Covid can have. There also appears to have been new and improved independent services to support people with their mental health, in the absence of adequate Government support. Negative wise, it has caused more issues in terms of staffing, especially with travel restrictions due to Covid and the increased cost of living and accommodation in Jersey which makes it difficult for qualified staff to relocate to Jersey. An increased demand on services as a result of Covid has also increased waiting times etc.</p>	<p>No, not really. The only positive I can see is that there have been reviews of existing provisions in search of improvement. And independent organisations have taken on cases that would not otherwise be supported by the Government's services due to lack of resources. Those services such as The Listening Lounge, etc.</p>	<p>Yes, more demand and less provision.</p>	<p>More staffing to offer a wider support system and to reduce waiting times. More specifically trained staff for areas such as Eating Disorders, OCD therapy, etc. At the moment, it appears a one box fits all system which is not ideal in my opinion. For example, Autistic individuals are often included in Mental Health Services when it is not a mental health condition. There are mental health conditions as a result of autism at times, but actually many autistic individuals do not need specific mental health support. Offering courses/workshops could also help fill some of the gaps where less urgent cases can be supported in a group session.</p>	<p>They have gone downhill. More demand, less provision and whilst reviews as in place we can hope for change.</p>	<p>Yes, I believe it has highlighted the significant deficit in the provision of local Mental Health Services.</p>
8	<p>unable to comment</p>	<p>unable to comment</p>	<p>unable to comment</p>	<p>better facilities/buildings. More awareness of out of hours services</p>	<p>none</p>	<p>yes it has, being isolated has increased the need for this. In addition returning in to the workplace has been an additional challenge.</p>
9	<p>Yes, as people have become more isolated, or feel less supported. This can also take the form of feeling unsupported by the government or general public in unwillingness to prioritise health, as well as isolation from usual formal or informal support networks.</p>	<p>None come to mind</p>	<p>A greater need, but not a correspondingly greater supply or budget</p>	<p>Shorter waiting lists, more community support, more integrated support (e.g. as a part of work culture, preventing conditions leading to burnout, more greenery in town as this has documented beneficial effects on mental health etc). Feeling valued as a human being by the government. The mental health staff are great, but the facilities are terrible - struggling people are stuffed into falling-down buildings while money is poured into finance and in all the conversations about the new hospital. This is so demoralising.</p>	<p>No, but I think it is a shame that this survey is not anonymous, as many people may be wary of giving honest answers - there is a strong perception of anti-whistleblower culture, which will almost certainly have an effect on the quality of mental health care offered.</p>	<p>More people are needing support with mental health issues, even if that is short term support to deal with anxieties caused by various aspects of the pandemic. Mental health needs to be a more integrated part of the culture and in all workplaces. People are burning out because of overwork - mental health support is also support with practical matters.</p>

10	I struggle with the way things have moved online. with a stutter and struggling to read people when anxiety is bad I feel far more comfortable talking to people face to face.	There seems to be a better feeling of empathy from people who may not experience isolation and anxiety in their normal day to day life.	NA	link with the social security board as their benefits panel dont seem to recognise how someone who is completely reliant on parental care as an adult. The panel can be rude and insulting and the anxiety surrounding the annual assessment itself is enough to cause months of anxiety build up. There seems to be an expectation that all mental health can be treated by short courses of interventions however I feel some cases need a long term approach and funding needs to be in place for those at home caring for them and putting a pause on their own lives to do so at very high expense to themselves.	Work with SS to relive financial stress from people with mental health issues.	In my opinion it hasnt drastically changed things for the long term although I felt it did change things dramatically during the initial stages. now I see the anxiety remains over the uncertainty of plans people make due to possible isolation periods and guidelines and restrictions that change with little notice.
11	No. Mental Health services was not ready and i have not noticed any improved during the pandemic.	In my perspective, I have noticed that a door of hope is open since the pandemic. The Mental Health Services and some care providers seem more involved and understanding the public mental health in the community support.	I have not notice any changes (negative) in the delivery of Mental Health Services of the support in the Mental Health Hospital or in the General Hospital.	The Mental Health Services should take more risks and empower more the individuals according the person centred support.	In my opinion there are little steps achieved, but there is a long and hard work to do.	Rethinking all the support provided by the mental health services and the care providers.
12	unsure	I believe, as an outcome the opportunity to use online methods. even though, at times may have been mandatory, has been both positive and negative because peoples have not been as accessible, but as an outcome the opportunity to use online methods has seemed beneficial.	unsure	better facilities and base. Orchid house seems very neglected and being surrounded by the derelict, boarded up st saviours hospital alone could lead to mental health issues	n/a	I have experienced with my clients during the course of the period of covid 19. Much higher levers of anxiety and anger related incidences. especially during the lockdown period
13	There seems to be a much longer waiting period for mental health services since Covid-19 hit.no	no	waiting list have gotten longer	mental health services should be kept under states control and not placed on charitable services such as Mind	no	In my own opinion and from my own experience, I have found that my mental health suffered dramatically during the Pandemic, especially during the first lockdown, when I was told to shield due to under-lying health issues.

14	The provision of MHS for autistics has been poor and this continues to be the case.	<p>From the perspective of the first hand experiences supporting autistics to access MHS, this feels very much unchanged for the majority - a few individuals have been able to access autism specific psychological support through the JAAS team which has been positive however many are waiting unacceptable periods of time.</p> <p>Another positive is the discussions/workshops taken place to developing the neurological pathway for children. It was positive to see the mix of experts including parents and paid carers and great to see some positive outcomes starting to come from that i.e. the appointment of another diagnostic team to reduce waiting times which has reportedly been succesful. It would be great to see similar happen regarding adult services.</p>	The lack of ability for change to happen is the most negative aspect.	<p>Access to autism specific MHS s within a timely manner - the impact of not having this is damaging people's lives and riasing the costs of support required to manage the consequences.</p> <p>In general, there is still stigma attached to anyone living with a mental health illness, with the facilities available on island reflecting that. This is especially true in the acute MHS facility at Orchid house which for many years has been described as "unfit for purpose" both by those external and internal to government. It was referenced as a priority area to change in 2019 however the same facility is being used! Given the awareness that is present around mental health on Island, it is worrying and extremely disapointing that upward of 25% of the population will at some point be living with a mental health illness and must</p>	appendix not attached	From my experience it is difficult to say whether or not the pandemic has changed the need or requirements for MHS in Jersey however what I have experienced is a continual lack of MHS for individuals with autism which is hugely impacting on the ability of those we support at Autism Jersey.
15	N/A	N/A	?	?	No comments	I have not had any experience of anyone close or colleague using the service.